



CharitéCentrum für Frauen-, Kinder- und Jugendmedizin mit Perinatalzentrum und Humangenetik

Charité | Campus Virchow-Klinikum | Augustenburger Platz 1, 13353 Berlin

Ärztliche Leitung des CharitéCentrum für Frauen-, Kinder- und Jugendmedizin: Prof. Dr. med. Ulrike Lehmkuhl

Ms.
Lenka Tomaidésova
Káranská 8
10800 Praha 10

Klinik für Psychiatrie, Psychosomatik und Psychotherapie des Kindes- und Jugendalters
Direktorin: Prof. Dr. med. Ulrike Lehmkuhl

Tel. 030/450-566314
Fax 030/450-566935

www.charite.de/rv/kpsych

Berlin, Dec. 31, 2011

Certificate of Recommendation

Ms Lenka Tomaidésová, born February 27, 1983 worked from July 1, 2011 to December 31, 2011 as a Psychotherapist in Training in the Adolescent Unit of the Clinic for Psychiatry, Psychosomatic Medicine und Psychotherapy for Children and Adolescents at Charité Hospital Berlin, Germany. The training was sponsored through a fellowship of the German Academic Exchange Service (DAAD).

The adolescent unit consists of 15 inpatient and 2 day treatment slots for patients ranging from 13 to 18 years. A large, interdisciplinary team of psychiatrists, nurses, psychologists, social workers, art therapists, physical therapists and others treats patients with wide ranging child- and adolescent psychiatric disorders. Special emphasis is given to the treatment of severe eating disorders, affective disorders, somatoform disorders, as well as chronic physical illness with associated psychiatric problems, and problems with compliance.

Ms Tomaidésová's responsibilities included the collection of anamnestic data, and under supervision the development of the diagnosis and the therapeutic treatment plan. She counselled patients, their relatives and support services including representatives from the youth welfare offices and the school system. She also developed and implemented the outpatient treatment following discharge.


During her stay in our clinic Ms. Tomaidésová skilfully treated twelve patients with behavior-, emotional- and affective disorders as well as Anorexia nervosa under supervision. She displayed great competence in executing these tasks, including completing all documentation and discharge summaries in German. She demonstrated a high degree of clinical certainty in her assessments. Ms Tomaidésová also acquired excellent skills in general and specific diagnostic assessments, e.g. for beginning personality disorders. She co-directed a weekly group therapy on emotion regulation.

Ms Tomaidésová reliably participated in all staff meetings and in-house-trainings. She was consistently committed to fulfilling all her responsibilities and did so to our utmost satisfaction.


Ms Tomaidésová has been a valued member of our treatment team, not only because of her

skill and professionalism but because of her great friendliness, sensitivity and ability to relate to colleagues and patients.

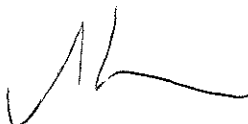
As Ms Tomaidesová's fellowship ended, we regret her departure and wish her all the best for a successful career. We give her our highest recommendation.



Prof. Dr. J. Lehmkuhl
Director of the Clinic



Dr. E. Pfeiffer
Medical Director



M. Pech
Clin. Psychologist